



Get an assist on your **Slim4Life** journey
with a customized meal plan from Healthy Meals, Inc.

SLIM4Life™ Weight Loss

Slim4Life has partnered with Healthy Meals, Inc. to make the **Stabilization and Maintenance Phases** of your weight loss journey convenient and effective. Healthy Meals Inc. is locally owned and operated and offers customized meal plans that will be tailored to your plan as developed by your **Slim4Life** counselor.

Healthy Meals Inc. will provide you with a daily breakfast, lunch and dinner all of which are made fresh and delivered right to your door daily. Each and every meal is carefully measured to be in sync with the dietary parameters as recommended by **Slim4Life**. This includes your macronutrient ratio of lean proteins, carbohydrates and essential fats to keep you in sync with the balance you need to keep you on your **Slim4Life** path.

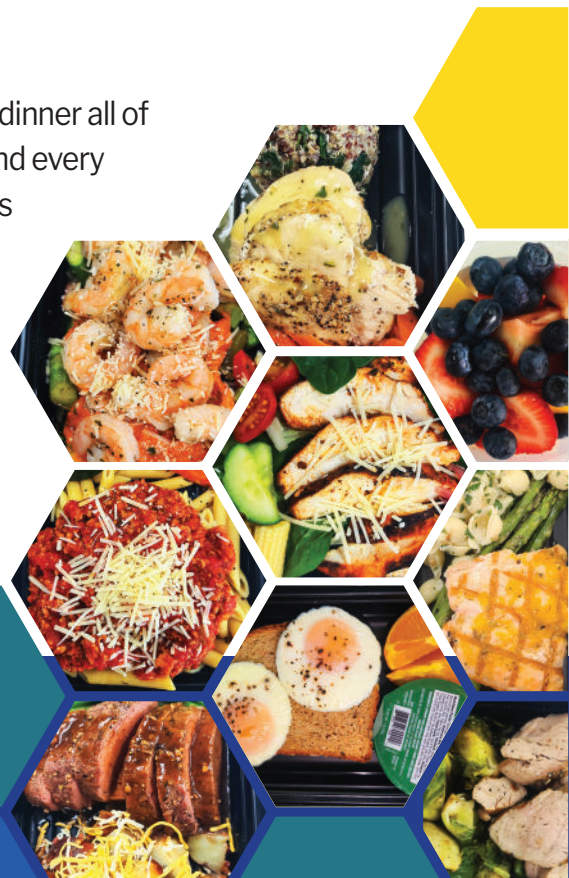
Slim4Life clients will receive an
exclusive **15% discount** offer at
Healthy Meals, Inc.

**Call 816-587-6325 and
mention the code "S4L15"**

Healthy Meals, Inc., was founded in Kansas City, MO, in 2009 and is the metro's premier custom meal delivery service offering a convenient and personalized diet experience.

For more information or to get started, call or check out our website.

816.587.6325
www.healthymealsinc.com





ADVANTAGES

- A perfect solution to ensure you are adhering to the Slim4Life dietary recommendations.
- You'll receive three core meals delivered fresh daily: Breakfast, Lunch & Dinner
- Adjust your regimen at any time and reintroduce foods into your diet when you switch from the Slim4Life Stabilization Phase to the Maintenance Phase.
- Picky eater? You can provide us with unlimited dislikes, ensuring you'll never receive foods you dislike or can't have.
- You can place your plan on HOLD for any days you may not need meal service.
- We do all the diet work for you. No meal planning, no measuring, no counting, no cooking, and no hassle!

*Healthy Meals, Inc is perfectly suited for **Slim4Life** clients to follow the nutritional guidelines as laid out by their S4L counselor.
It doesn't get any easier than letting HMI do the work!*

SLIM4Life™
Weight Loss

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